

**1. What was / has been your occupation before entering politics?**

Currently, I'm a nurse at Hôpital Montfort. This past summer I worked for Nunavut's Environmental Department with Inuit communities in the Baker Lake area.

**2. Do you live in the riding and, if so, how long has it been your home?**

I lived in Vanier for 5 years, but after facing the rising cost of tuition and housing in the area, I now live in Gatineau.

**3. What has been your main involvement with your community outside of work (volunteer activities, etc.)?**

I was a varsity athlete, and an instructor with the Learn to Skate program. I also volunteered at the first supervised injection site in Ottawa.

**4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why?**

As a nurse, I was frustrated by the systemic injustice I saw within the healthcare system. Wanting to do more to help those in need, I applied to law school. When I received my admission, I went on one last adventure. I walked 4200km on the Pacific Crest Trail, fundraising for the Rainbow Railroad Association, which helps 2SLGBTQ+ people seeking refuge from state violence and persecution. This proved to me that I could do whatever I set my mind to, and I realized that I have the power to use my voice to advocate for those who have been silenced.

**5. What previous politician (alive or dead, but not currently in parliament) is a role model for you?**

Alexandria Ocasio-Cortez is a member of the US Congress, and my role model. When she was told that her goals and dreams were impossible to achieve, she fought unapologetically for what she believed in. She's fearless, empathetic, and intelligent. Her values are her political compass, and as she once said, "There is nothing radical about moral clarity". She addresses social inequities, discrimination and injustices when other politicians won't, and fights for the people who need her the most. She was an underdog, but proved that a real grassroots movement is possible when we have the courage to do politics differently.

**6. What policy in your party's platform do you think matters most to the people in your riding?**

As a nurse, I've seen patients go without treatment after leaving the hospital, simply because they couldn't pay. Families are increasingly going to ER with dental emergencies because they can't afford a dentist. When I volunteered for Overdose Prevention Ottawa, I found that many substance users also struggle to access the mental health care and other supports they need. The NDP has a plan for head-to-toe healthcare, including pharmacare, dental, and mental health care, that will ensure no one will be forced to cover the costs of treatment they can't afford, or to go without it entirely.

**7. Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns?**

I believe the disillusionment many Canadians experience is due to the feeling that their votes don't matter, and that it's impossible to hold politicians accountable. We often vote for parties, even if we don't agree with their platform or record in office, because we think they have a better shot at winning against than the one we dislike most. If elected, I will advocate for the proportional representation our government promised in 2015, but failed to deliver, and for the adoption of systems making it easier to vote, like e-voting, which would benefit historically marginalized voters.